



# APRIL | 2018

## Chattanooga Girls Leadership Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Spring Break	<b>3</b> Spring Break	<b>4</b> Spring Break	<b>5</b> Spring Break	<b>6</b> Spring Break
<b>9</b> Whole Grain French toast Sticks With Syrup Cup Choice of Fruit 100% Fruit Juice Choice of Milk	<b>10</b> Whole Grain Chocolate Muffin Whole Grain Cheddar Goldfish Crackers Choice of Fruit 100% Fruit Juice Choice of Milk	<b>11</b> Whole Grain Animal Crackers Whole Grain Cereal Bar Choice of Fruit 100% Fruit Juice Choice of Milk	<b>12</b> Whole Grain Cheerios Whole Grain Graham Crackers Choice of Fruit 100% Fruit Juice Choice of Milk	<b>13</b> Whole Grain Waffle Sticks with Syrup Cup Choice of Fruit 100% Fruit Juice
<b>16</b> Whole Grain Cereal Bar Whole Grain Cheez-its Choice of Fruit 100% Fruit Juice Choice of Milk	<b>17</b> Whole Grain Pancake Wrap Choice of Fruit 100% Fruit Juice Choice of Milk	<b>18</b> Whole Grain Mini Bagels Choice of Fruit 100% Fruit Juice Choice of Milk	<b>19</b> Whole Grain Mini Cinnamon Rolls Choice of Fruit 100% Fruit Juice Choice of Milk	<b>20</b> Whole Grain Biscuits with Jelly Choice of Fruit 100% Fruit Juice Choice of Milk
<b>23</b> Whole Grain Chex Cereal Whole Grain Graham Cracker Choice of Fruit 100% Fruit Juice Choice of Milk	<b>24</b> Whole Grain Breakfast Round Choice of Fruit 100% Fruit Juice Choice of Milk	<b>25</b> Whole Grain Cinnamon Toast Crunch Whole Grain Chocolate Elf Grahams Choice of Fruit 100% Fruit Juice Choice of Milk	<b>26</b> Whole Grain Donut Choice of Fruit 100% Fruit Juice Choice of Milk	<b>27</b> 2 Whole Grain Biscuits Choice of Fruit 100% Fruit Juice Choice of Milk
<b>30</b> Whole Grain Goldfish Cheddar Crackers Whole Grain Despicable Me Crackers Choice of Fruit 100% Fruit Juice Choice of Milk				

### News

**Breakfast Includes up to 1 of each:**

**>Entrée (includes grain & sometimes meat/meat alternative)**

**> 100% Fruit Juice\***

**> Whole Fruit\***

**>Choice of Low-Fat, Flavored Fat-Free Milk, or Lactose-Free Milk**

**\*A breakfast must include a hot or cold entrée (whole grain and sometimes a meat/meat alternative) and at least 1 fruit or 1 serving of 100% fruit juice**

**> Other Daily Breakfast Options: Assorted Cereal and Whole Grain Breakfast Pastry**