



APRIL | 2017

Chattanooga Girls Leadership Academy Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Whole Grain Donut Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	4 Whole Grain Cherry Apple Crunch Bar Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	5 Whole Grain Assorted Muffins Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	6 Whole Grain Reduced Sugar Assorted Cereals Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	7 Yogurt Parfait with Whole Grain Granola Choice of Fruit Choice of 100% Fruit Juice Choice of Milk
10 Whole Grain Mini Bagels Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	11 Whole Grain Pop Tart Pastry Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	12 Whole Grain Cherry Apple Crunch Bar Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	13 Whole Grain Donut Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	14 School Holiday Good Friday
17 Whole Grain Donut Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	18 Whole Grain Assorted Muffins Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	19 Whole Grain Reduced Sugar Assorted Cereals Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	20 Yogurt Parfait with Whole Grain Granola Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	21 Whole Grain Mini Bagels Choice of Fruit Choice of 100% Fruit Juice Choice of Milk
24 Whole Grain Cherry Apple Crunch Bar Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	25 Yogurt Parfait with Whole Grain Granola Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	26 Whole Grain Pop Tart Pastry Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	27 Whole Grain Assorted Muffins Choice of Fruit Choice of 100% Fruit Juice Choice of Milk	28 Whole Grain Reduced Sugar Assorted Cereals Choice of Fruit Choice of 100% Fruit Juice Choice of Milk

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Breakfast Includes up to 1 of each:

- > **Entrée (includes grain & sometimes meat/meat alternative)**
- > **100% Fruit Juice***
- > **Whole Fruit***
- > **Choice of Low-Fat or Fat-Free Mayfield's Milk**
- *A breakfast must include a hot or cold entrée (whole grain and sometimes a meat/meat alternative) and at least 1 fruit or 1 serving of 100% fruit juice**