

DECEMBER 2016

Chattanooga Girls Leadership Academy Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Whole Grain Pancakes with Cinnamon Butter	2 Assorted Whole Grain Muffins (Blueberry, Wild berry, Chocolate)
5 Assorted Whole Grain Bagels (Plain, Blueberry, Cinnamon Raisin) Assorted Cream Cheese (Plain low fat, Strawberry, Garden Vegetable)	6 Blueberry Maple-Battered Pork Pancake Wrap	7 Whole Grain Assorted Donuts	8 Whole Grain Mini Maple Pancakes	9 Assorted Whole Grain Cereals (Lucky Charms, Fruit Loops, Cinnamon Toast Crunch, Trix, Cheerios, Shredded Mini Wheats)
12 Assorted Flavors of Low Fat Yogurt (Vanilla, Strawberry, Strawberry Banana, Peach) Whole Grain Granola	13 Whole Grain Belgian Waffle Sticks Syrup Cup	14 Assorted Whole Grain Muffins (Blueberry, Wild berry, Chocolate)	15 Whole Grain Fruit Filled Strudel	16 Teacher Professional Day No School for Students
19 Winter Break	20 Winter Break	21 Winter Break	22 Winter Break	23 Winter Break
26 Winter Break	27 Winter Break	28 Winter Break	29 Winter Break	30 Winter Break

News
All Breakfast Meals include:
Whole grain Item
Fresh Fruit Item
100% Fruit/ Vegetable Juice
1% Milk unflavored
0% Milk Chocolate

On occasion a meat/meat alternative and a vegetable option is offered

*All Menu Items subject to change due to seasonable availability