

# DECEMBER 2016

## Chattanooga Girls Leadership Academy Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Whole Grain Cheese Sticks Marinara Sauce Salad Bar Fresh Fruits Milk	2 Salisbury steak Peas Scalloped Potatoes Whole Grain Roll Salad Bar: Spring Mix/Spinach Fresh Fruit Milk
5 Whole Grain Turkey Pepperoni Stuffed Crust Pizza Salad Bar Fresh Fruit Milk	6 Whole Grain Grilled Cheese Sandwich Salad Bar Vegetable Soup Fresh Fruit Milk	7 Whole grain ham or turkey sandwiches Salad Bar Fresh Fruit Whole Grain chips Cookie Milk	8 Hamburgers with all the fixins' Salad Bar French Fries Fresh Fruit	9 Chicken Quesadilla Celery and Carrot Sticks Ranch Cup Fresh Fruit Salad Bar Milk
12 Whole Grain Breaded Buffalo Chicken Sandwich Celery and Carrots Sticks Salad Bar Fresh Fruit Milk	13 Christmas/Holiday Meal	14 Taco Salad Bar Spring Mix/ Spinach Fresh Salsa Black Bean Fiesta Refried Beans Sour Cream Tortilla Scoops Chips Fresh Fruit Milk	15 Whole Grain Cheese Pizza Salad Bar Fresh Fruit Milk	16 Teacher Professional Day No School for Students
19 Winter Break	20 Winter Break	21 Winter Break	22 Winter Break	23 Winter Break
26 Winter Break	27 Winter Break	28 Winter Break	29 Winter Break	30 Winter Break

### News

#### Milk Offered:

**1% Unflavored Milk**

**0% Chocolate Milk**

**Water is offered during  
Lunch time**

**Condiments are  
offered with each  
lunch meal:**

**Ketchup**

**Lite Mayonnaise**

**Mustard**

**Tartar Sauce**

**Cocktail Sauce**

**Barbecue Sauce**

**Ranch**

**Honey Mustard**