

**Fitness Schedule
Spring 2017**

January

Thursday, January 5th	Mustang Fitness	Lauren Hammond
Monday, January 9th	Hip Hop Dance	Morgan Cantu
Tuesday, January 10th	Yoga	Roe Anderson
Thursday, January 12th	Zumba	Ana Ortiz
Tuesday, January 17th	Strength	Ryen Rae
Thursday, January 19th	Zumba	Jessica Crutchfield
Monday, January 23rd	Yoga	Roe Anderson
Tuesday, January 24th	Pilates	Sydney/Ari/Will
Thursday, January 26th	Zumba	Ana Ortiz
Monday, January 30th	Mustang Fitness	Lauren Hammond
Tuesday, January 31st	Yoga	Roe Anderson

February

Thursday, February 2nd		Kala Nunley
Monday, February 6th	Hip Hop Dance	Morgan Cantu
Tuesday, February 7th	Pilates	Sydney/Ari/Will
Thursday, February 9th	Zumba	Ana Ortiz
Monday, February 13th	Yoga	Roe Anderson
Tuesday, February 14th	Strength	Ryen Rae
Thursday, February 16th	Zumba	Ana Ortiz
Monday, February 20th	Hip Hop Dance	Morgan Cantu
Tuesday, February 21st	Strength	Ryen Rae
Thursday, February 23rd	Zumba	Jessica Crutchfield
Monday, February 27th	Yoga	Roe Anderson
Tuesday, February 28th	Pilates	Sydney/Ari/Will

March

Thursday, March 2nd		
Monday, March 6th	Hip Hop Dance	Morgan Cantu
Tuesday, March 7th	Yoga	Roe Anderson
Thursday, March 9th	Zumba	Ana Ortiz
Monday, March 13th	Mustang Fitness	Lauren Hammond
Tuesday, March 14th	Pilates	Sydney/Ari/Will
Thursday, March 16th	Zumba	Jessica Crutchfield
Monday, March 27th	Yoga	Roe Anderson
Tuesday, March 28th	Pilates	Sydney/Ari/Will
Thursday, March 30th		Kala Nunley

April

Monday, April 3rd	Hip Hop Dance	Morgan Cantu
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Tuesday, April 4th	Yoga	Roe Anderson
Thursday, April 6th	Zumba	Ana Ortiz
Monday, April 10th	Mustang Fitness	Lauren Hammond
Tuesday, April 11th	Pilates	Sydney/Ari/Will
Thursday, April 13th		Kala Nunley
Monday, April 17th	Yoga	Roe Anderson
Tuesday, April 18th	Strength	Ryen Rae
Thursday April 20th	Zumba	Ana Ortiz
Monday, April 24th	Yoga	Roe Anderson
Tuesday, April 25th	Pilates	Sydney/Ari/Will
Thursday, April 27th		

May

Monday, May 1st	Hip Hop Dance	Morgan Cantu
Tuesday, May 2nd	Strength	Ryen Rae
Thursday, May 4th	Zumba	Ana Ortiz
Monday, May 8th	Yoga	Roe Anderson
Tuesday, May 9th	Strength	Ryen Rae
Thursday, May 11th		Kale Nunley
Monday, May 15th	Mustang Fitness	Lauren Hammond
Tuesday, May 16th	Pilates	Sydney/Ari/Will
Thursday, May 18th	Zumba	Ana Ortiz
Monday, May 22nd	Mustang Fitness	Lauren Hammond
Thursday, May 25th		Kale Nunley